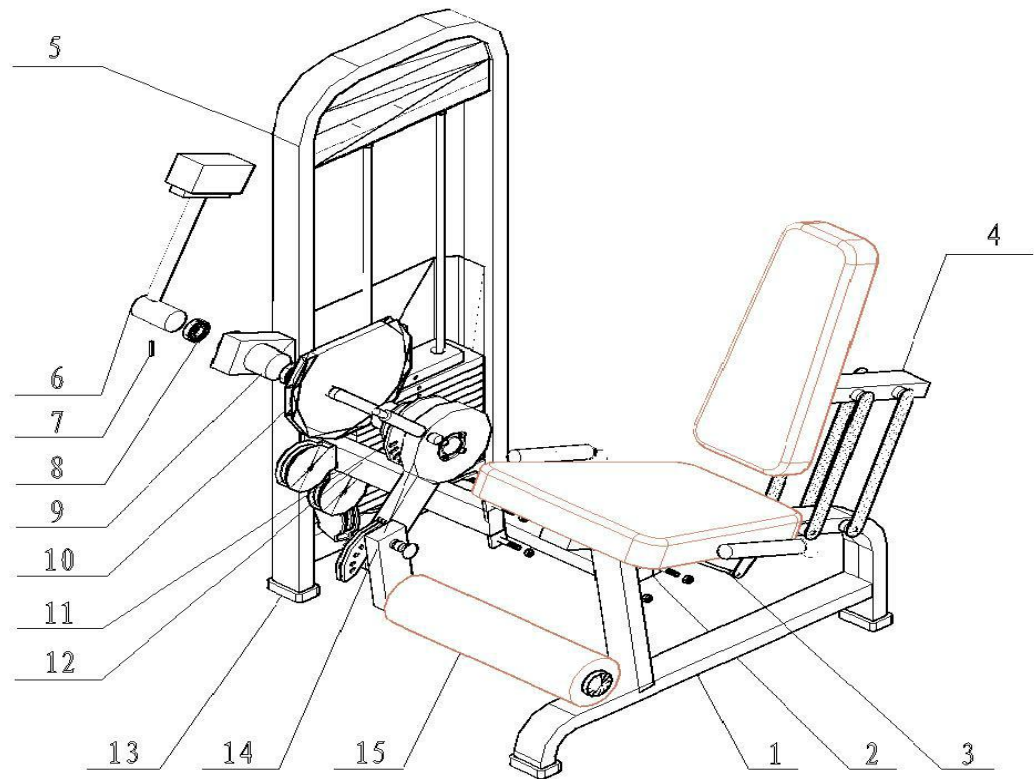


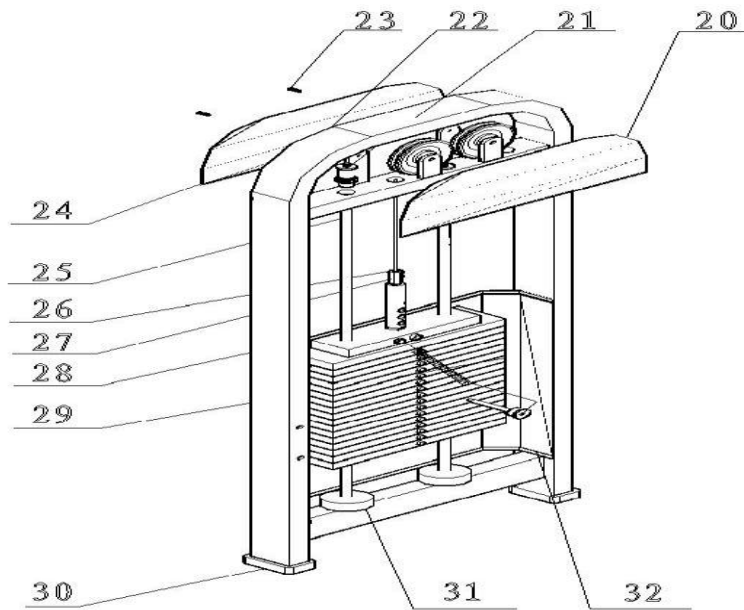
ASSEMBLY INSTRUCTION

*Leg Extension
M2-1005*

SHAN DONG REALLEADER FITNESS CO., LTD

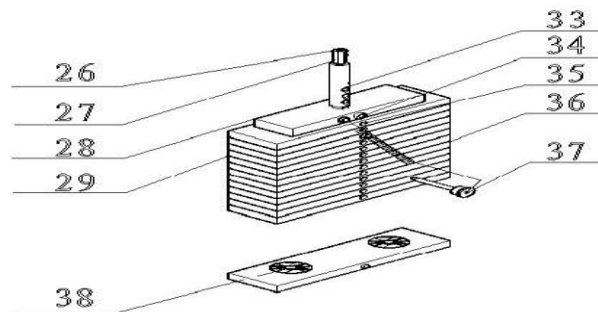


- 1 Sub Frame
- 2 Beam 1
- 3 Gas Spring
- 4 Seat Frame
- 5 Main Frame
- 6 Counter Weight Hammer
- 7 Rise Pin
- 8 Bearing
- 9 Support for Arm
- 10 Torque Dish
- 11 Axle
- 12 Beam 2
- 13 Rubber Shoe
- 14 Adjusting Arm
- 15 Arm

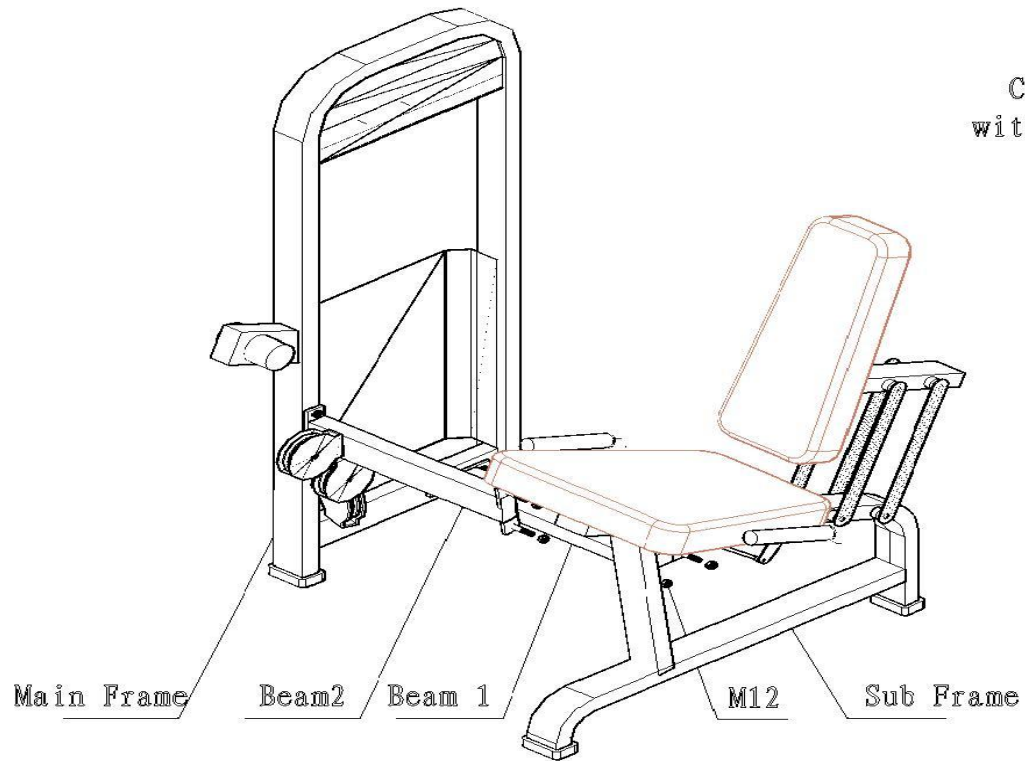


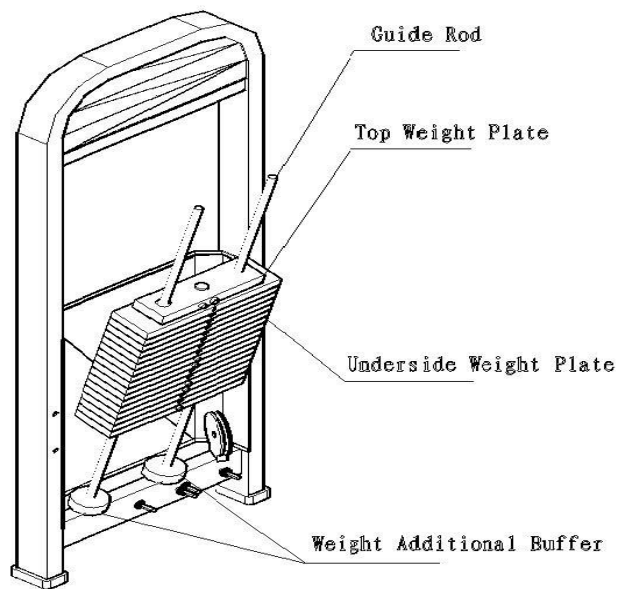
Parts of the main frame

- 20 Iron Plate
- 21 Guide Rod Sleeve
- 22 Main Frame
- 23 M6
- 24 Acrylic Board
- 25 Guide Rod
- 26 Wire Lock
- 27 Turnbuckle Screw
- 28 Top Weight Plate
- 29 Underside Weight Plate
- 30 Rubber Shoe
- 31 Weight Additional Buffer
- 32 Backboard
- 33 Pole
- 33 Standing Bolt for
The Top Weight Plate
- 34 M14
- 35 Stretch Cord
- 36 Adjustable Bolt
- 37 Counter Weight Cushion

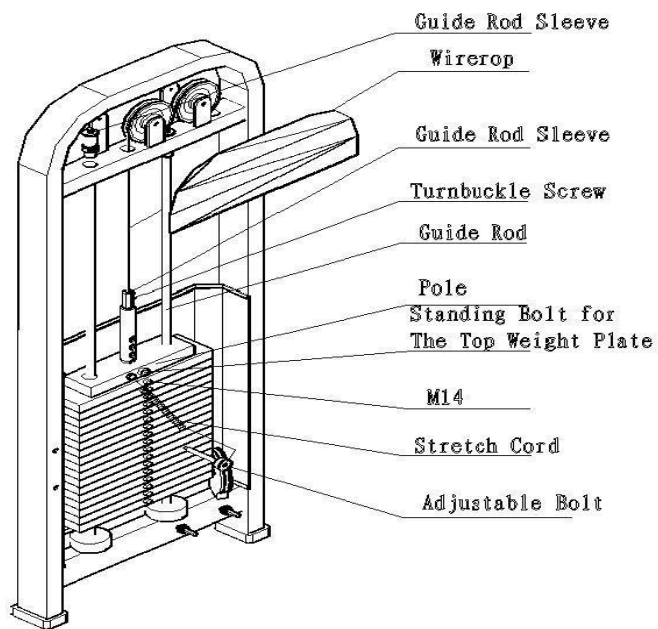


Connect the main frame and the sub frame
with beam 1 and beam 2, and fix with M12 screw.

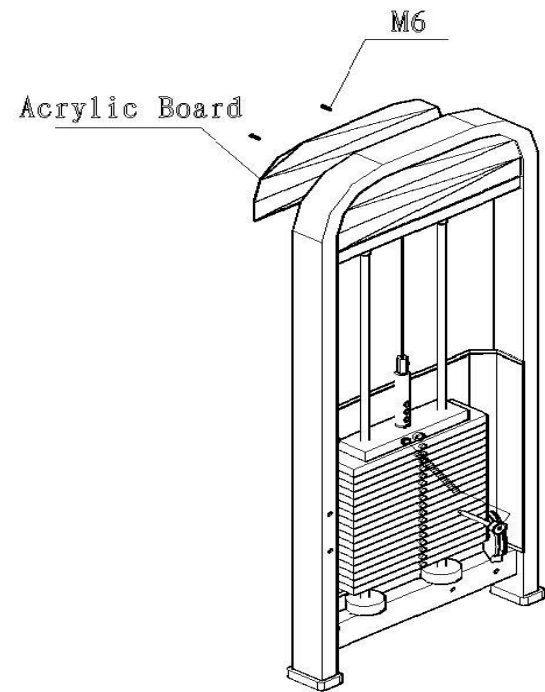




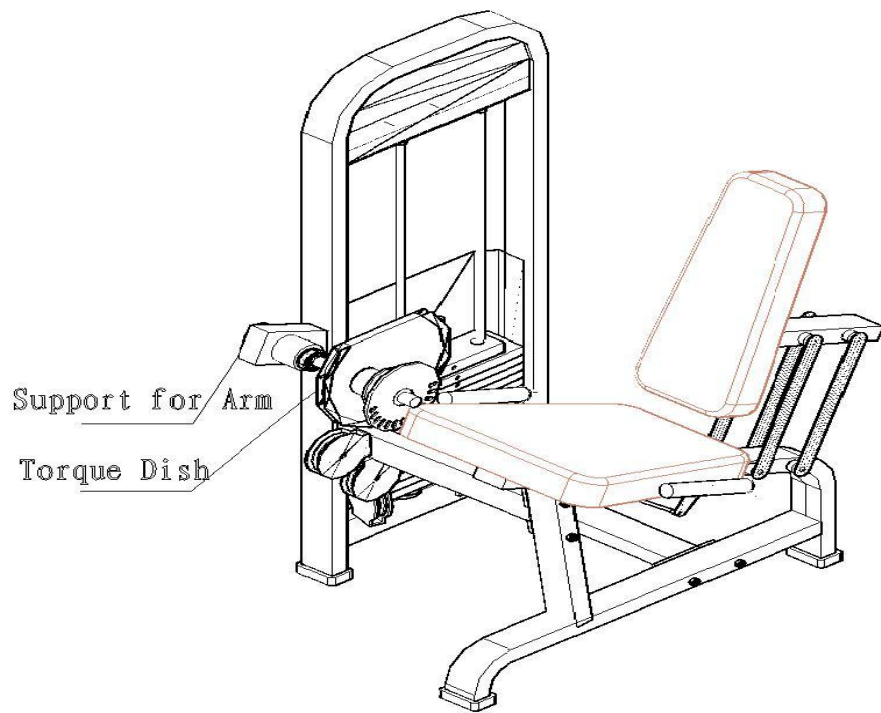
Set up the guide rod, the weight additional buffer, the top weight plate (1 pcs) and underside weight plates (17 pcses).



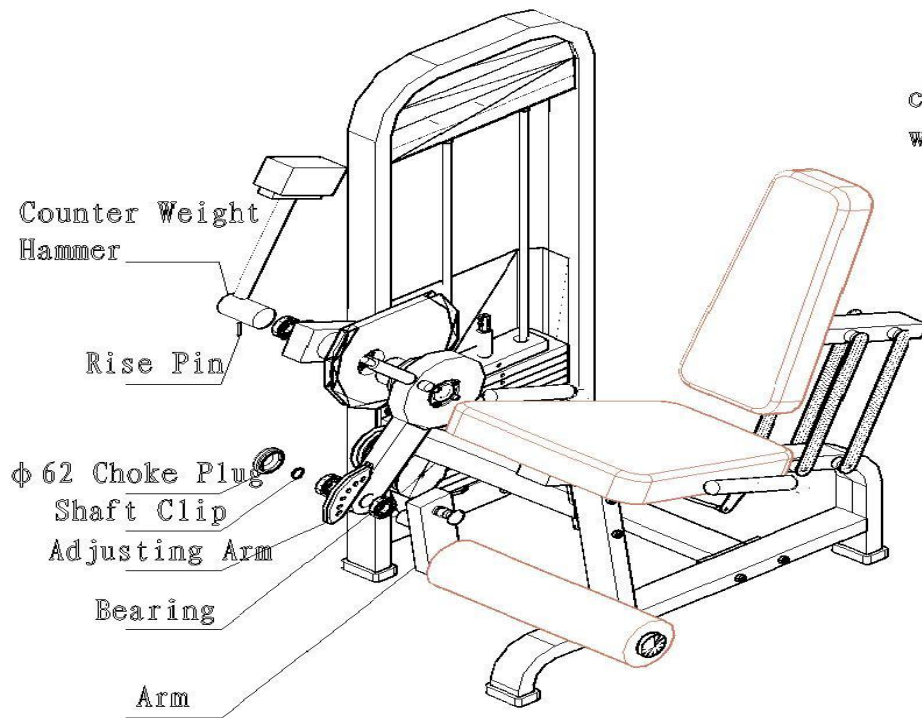
1. Fix the guide rod with the guide rod sleeve.
2. To install the pole, turnbuckle screw, wire lock and the wirerope (cable) well.
3. Use the standing bolt to make the pole and the top weight plate fixed together.
4. Use M14 to make the stretch cord, adjustable bolt and the top weight plate to connect together.



Install the acrylic board with M6.



To install the torque dish to the support for arm.



To install the arm(Fix with bearing and shaft clip),and install the counter weight hammer(Fix with the rise pin).

